

# Monotonicity of Lebesgue Spaces

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We know that on  $\mathbb{R}$  or  $\mathbb{R}_{>0}$ , Lebesgue spaces do not have rigorous monotonicity, but they do have on  $[0, 1]$  or finite sets with counting measure. Here is the formal generalization:

**Theorem (Monotonicity of Lebesgue Spaces).** Let  $(X, \mathcal{M}, \mu)$  be a measure space.

- **DECREASING PROPERTY:** There exists  $1 \leq p < q < \infty$  such that

$$L^q(X, \mathcal{M}, \mu) \subset L^p(X, \mathcal{M}, \mu)$$

if and only if

$$\sup \{\mu(E) : E \in \mathcal{M} \setminus \mathcal{I}\} < \infty,$$

where  $\mathcal{I}$  denotes subsets of infinite measure.

- **INCREASING PROPERTY:** There exists  $1 \leq p < q < \infty$  such that

$$L^p(X, \mathcal{M}, \mu) \subset L^q(X, \mathcal{M}, \mu)$$

if and only if

$$\inf \{\mu(E) : E \in \mathcal{M} \setminus \mathcal{N}\} > 0,$$

where  $\mathcal{N}$  denotes subsets of zero measure, or null sets.

**Proof.** Notations for the following two parts are independent. Set  $\frac{1}{p} = \frac{1}{q} + \frac{1}{r}$ .

1.  $\implies$  Suppose first the finite measures are bounded by  $C < \infty$ . Take any  $f \in L^q$ , then  $f$  is supported on  $E = \bigcup_k E_k$  for

$$E_k = \left\{ x \in X : |f| > \frac{1}{k} \right\}, \quad \forall k \in \mathbb{N}^*.$$

By Chebyshev's inequality,

$$\mu(E_k) \leq \left( \frac{\|f\|_{L^q}}{1/k} \right)^q < \infty, \quad \forall k \in \mathbb{N}^*,$$

so by assumption,  $\mu(E_k) \leq C$ . Since  $\{E_k\}$  is increasing,  $\mu(E) = \lim_{k \rightarrow \infty} \mu(E_k) \leq C$ . By Holder's inequality,

$$\int_E |f|^p \cdot 1 d\mu \leq \left( \int_E (|f|^p)^{\frac{q}{p}} d\mu \right)^{\frac{p}{q}} \left( \int_E 1^{\frac{q}{q-p}} d\mu \right)^{\frac{q-p}{q}} = \mu(E)^{\frac{q-p}{q}} \left( \int_E |f|^q d\mu \right)^{\frac{p}{q}} < \infty.$$

Hence,  $L^q \subset L^p$  with

$$\|f\|_{L^p} \leq C^{\frac{1}{r}} \|f\|_{L^q}, \quad \forall f \in L^q.$$

$\Leftarrow$  Conversely, suppose  $L^q \subset L^p$ . Consider the inclusion map  $\iota : L^q \hookrightarrow L^p$ . We will use the *Closed Graph Theorem* to show that  $\iota$  is bounded. Indeed, given a Cauchy sequence  $\{(f_n, f_n)\}$  in  $L^q \times L^p$ ,  $\{f_n\}$  is both Cauchy in  $L^q$  and  $L^p$ . By the completeness of Lebesgue spaces,

$$f_n \rightarrow \bar{f} \text{ in } L^q, \quad f_n \rightarrow \tilde{f} \text{ in } L^p$$

for some  $\bar{f} \in L^q$  and  $\tilde{f} \in L^p$ . Take a subsequence  $\{f_{n_k}\}$  convergent to  $\bar{f}$  a.e., and a subsubsequence of which convergent to  $\tilde{f}$  a.e. By the uniqueness of almost-everywhere convergence,  $\bar{f} = \tilde{f}$  a.e. Hence  $(f_n, f_n) \rightarrow (\bar{f}, \tilde{f})$  in  $L^q \times L^p$ . The graph of  $\iota$  is closed thus bounded.

Take  $h = \chi_A$  for an arbitrary  $A \in \mathcal{M} \setminus \mathcal{I}$ , we have  $h \in L^p \cap L^q$  and

$$\mu(A)^{\frac{1}{p}-\frac{1}{q}} = \frac{\mu(A)^{\frac{1}{p}}}{\mu(A)^{\frac{1}{q}}} = \frac{\|h\|_{L^p}}{\|h\|_{L^q}} \leq \sup_{0 \neq g \in L^q} \frac{\|g\|_{L^p}}{\|g\|_{L^q}} = \|\iota\| < \infty,$$

so that  $\mu(A) \leq \|\iota\|^r < \infty$ .

2.  $\Rightarrow$  Now suppose the positive measures have a lower bound  $\alpha > 0$ . Assume without lose of generality that  $\varphi \in L^p \setminus \{0\}$ , we interpolate in terms of the  $L^\infty$  norm. For each  $0 < t < \|\varphi\|_{L^\infty}$ , by the definition of  $L^\infty$  norms, the set

$$F_t = \{x \in X : |\varphi| > t\}$$

has positive measure. By Chebyshev's inequality, arguing as in part 1, its measure is finite. According to the assumption,  $\mu(F_t) \geq \alpha$ . We have

$$\|\varphi\|_{L^p} \geq \left( \int_{F_t} |\varphi|^p d\mu \right)^{\frac{1}{p}} \geq t \mu(F_t)^{\frac{1}{p}} \geq t \alpha^{\frac{1}{p}}.$$

As  $t$  was taken arbitrarily,  $\|\varphi\|_{L^\infty} \leq \|\varphi\|_{L^p} \alpha^{-\frac{1}{p}}$ . Returning to the  $L^q$  norm,

$$\|\varphi\|_{L^q} = \left( \int_X |\varphi|^p |\varphi|^{q-p} d\mu \right)^{\frac{1}{q}} \leq \|\varphi\|_{L^\infty}^{\frac{q-p}{q}} \|\varphi\|_{L^p}^{\frac{p}{q}} \leq \alpha^{-\frac{1}{r}} \|\varphi\|_{L^p} < \infty.$$

Hence,  $L^p \subset L^q$  with

$$\|\varphi\|_{L^q} \leq \alpha^{-\frac{1}{r}} \|\varphi\|_{L^p}, \quad \forall \varphi \in L^p.$$

$\Leftarrow$  Conversely, suppose  $L^p \subset L^q$ . Arguing as before, we find that the inclusion map  $\iota : L^p \hookrightarrow L^q$  is bounded. For any  $B \in \mathcal{M} \setminus (\mathcal{I} \cup \mathcal{N})$ ,  $h = \chi_B$  belongs to  $L^p \cap L^q$ . We have

$$\mu(B)^{\frac{1}{q}-\frac{1}{p}} = \frac{\mu(B)^{\frac{1}{q}}}{\mu(B)^{\frac{1}{p}}} = \frac{\|h\|_{L^q}}{\|h\|_{L^p}} \leq \sup_{0 \neq g \in L^p} \frac{\|g\|_{L^q}}{\|g\|_{L^p}} = \|\iota\| < \infty,$$

so that  $\mu(B) \geq \|\iota\|^{-r} > 0$ .

□